

1. Boredom – Sin is joy
2. Loneliness – Sin is my friend
3. Stress – Sin is my comforter
4. Frustration – sin is my peace
5. Fatigue – sin is my source of life
6. Hurt – Sin is my refuge
7. Betrayal – sin is my revenge
8. Bitterness – Sin is my justice
9. Opportunity – Sin is my pleasure
10. Rejection – Sin is my comfort
11. Failure – Sin is my success
12. Success – Sin is my reward
13. Entitlement – Sin is my deserved
14. Desire to please – Sin is my affirmation
15. Time of day – Sin is my pacifier
16. Location – Sin is my escape
17. Negative self-thoughts – Sin is my silencer
18. Options – Sin is my control
19. Weakness – Sin is my strength

Replace Jesus with sin. “Jesus is my joy”

Source: <http://bradhambrick.com/19-possible-motive-triggers-for-pornography/>